

VEGETABLES



Introduction:

- Let students assemble.
- Ask them if they have ever been to a sabzi mandi and tell them to share their experience.
- Tell them they will be doing activities on vegetables and fruits.

Objective:

- To help the students identify the vegetables.
- To show and explain how a sabzi mandi functions.
- Emphasize upon buying and eating fresh vegetables.

Pre-Assessment:

Ask the student to identify the vegetables and in which dish the vegetable is used.

Pre-Requisites:

A few vegetables like one onion, potato, cucumber, etc., blindfold/dupatta, paper, pen

LEVEL-1



Activity:

- Line all the vegetables up on a desk. Say "Close your eyes" and get everyone to cover and close their eyes.
- Take away one of the vegetables and hide it behind your back - everyone must open their eyes and shout out the missing vegetable, play this until all of the vegetable vocabulary has been practiced.
- Keep the vegetables lined up on the desk.
- Take out a blindfold and model the activity - put on the blindfold, then touch and feel one of the vegetables. Look confused and say the wrong word (e.g. touch a cabbage and say "Is it a carrot?"). Get the students to help you until you guess correctly.
- Then blindfold one student, turn him/her around 3 times and help him/her to go to the desk and touch/feel one vegetable and say what it is. Give all of the students a chance to play this game.

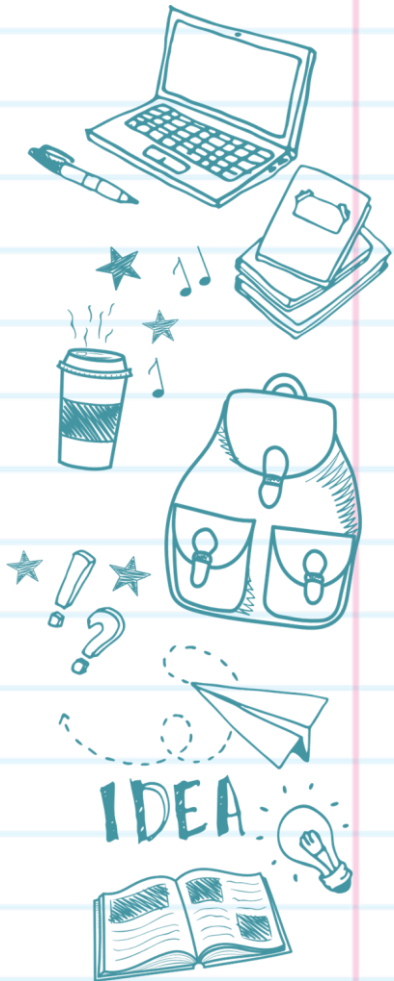
Post-Assessment:

Display the vegetable and ask them to identify the vegetable and write 2 points about it.

LEVEL-2

Activity:

- Let the students assemble.
- Divide them into groups.
- One group is the customer.
- One group is the seller.
- Every seller should have a helper.
- Give equal money to all the customers (money written on piece of papers)
- The sellers have an option of keeping whichever vegetable they want.
- The vegetables can be drawn on the paper and can be kept on the desk of the seller.
- Let there be 4 sellers.
- Tell them to enact what they see in a sabzi bazaar.
- Tell the customers that they have to buy vegetables keeping in mind that the vegetables are fresh, cheap, healthy and according to the season. (teach them through pictures how spoiled vegetables look).
- Keep on changing the seasons and ask them to include or eliminate the crop as per season.



LEVEL-2

Post-Assessment:

- Ask the students to write in which month certain vegetables are available.
- Ask them to write how the following vegetables look when they get spoilt :
 - Onion
 - Potato
 - Corn
 - Cabbage
 - Carrot
 - Capsicum
 - Tomato
 - Chillies



IDEA