

DHEERYA FOUNDATION CONNECT WITH NATURE

PROJECT REPORT



Venue: Mandaragiri Hills, Tumkur District

Date: August 29th, 2021

Introduction

This initiative was done as a part of the Swachha Bharat Abhiyan by the central government. It is also a part of the [Climate Change](#) activity in the 17 Sustainable Development Goals by the United Nations.

The event was on account of Dheerya's launch. A plog hike was the perfect amalgamation of celebrating and being responsible. There were 45 volunteers in attendance. We wanted to bond with nature by helping it out. This event imbibed the social responsibility of respecting and nurturing our surroundings. The greatest lesson learnt was the necessity of becoming a mindful consumer to avoid litter and wastage. The event ended with a storytelling session.

About



Plogging is picking up litter while on a walk amidst nature. Earth is full of irresponsible disposal of garbage. We wanted to start our journey by doing something hands-on and meaningful. Plogging is a great way to connect with nature. We assembled a group of like-minded people that wanted to give back to nature.

The arrival was at 7 am and it took about an hour for the briefing and the launch.



Garbage collection drives might seem small, but their results are visibly great. This was our effort to reduce the adverse environmental effects caused by mankind.

We started plogging at 8 am at the base of Mandargiri hill and continued onto the hill.



We were able to fill up to 12 bags of garbage. It was hard to consider this a success because the waste should not have been there in the first place.

After the successful hike, it was time for an engaging storytelling session.



It was a team-building activity that also exercised their imagination and creativity. The volunteers were divided into groups. Each group had to pick a natural element and build a story around it. The time given was limited, but they managed to work up some fascinating stories.

The descent started at 11.30 am.



We left feeling purposeful and hopeful. We didn't feel content or at peace because we knew that things couldn't end there. Overall, the experience was very grounding. We felt like we were all a part of something bigger, a community. Hence proved, to be closer to yourself, you must immerse yourself in nature from time to time.

An infographic for the activity -

