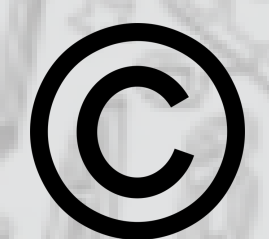




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SCIENCE

1st Grade



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OUR BODY

- Teachers may introduce the topic by Our body has many parts. Each part of our body has a different name and function.
- For example, our legs help us to walk, play, run and skip.
- Our hands help us to hold things, to eat, write and to clap.
- Encourage students to suggest more functions (uses) of different body parts



OUR BODY

Use this table to explain the content along with each activity

Head	<ul style="list-style-type: none">• Head is top part of the body• It contains eyes, ears, nose and mouth• Mouth has tongue and teeth in it• The hair is on the head
Neck	<ul style="list-style-type: none">• The head is on the neck• Neck joins the head to the trunk
Trunk	<ul style="list-style-type: none">• Trunk is main part of the body• It has chest, back and stomach
Arms	<ul style="list-style-type: none">• We have two arms• They contain shoulders, elbows, wrists, hands and fingers• Nails are present at fingertips
Legs	<ul style="list-style-type: none">• We have two legs• They contain thighs, knees, calves, ankles, feet, heels and toes• Nails are present on tips of toes
Eyes	<ul style="list-style-type: none">• We see with our eyes



OUR BODY

Ears	<ul style="list-style-type: none">• We hear with our ears
Nose	<ul style="list-style-type: none">• We breathe with our nose• We also smell with our nose
Tongue	<ul style="list-style-type: none">• Our tongue helps us know the taste of food• There are four taste- sweet, salty, sour and bitter
Hands	<ul style="list-style-type: none">• Hands help us to work, eat, hold things, write and do other works
Legs	<ul style="list-style-type: none">• Legs help us to walk, run, dance, jump
Teeth	<ul style="list-style-type: none">• Teeth helps us to chew food and to talk
Skin	<ul style="list-style-type: none">• Skin keeps all parts inside our body safe• It helps us to feel things• By touching we can feel things, whether it is <u>hot cold sharp</u>, etc.
Sense Organs	<ul style="list-style-type: none">• Eyes, ears, nose, tongue and skin are our five sense organs• Sight, hearing, smell, taste, and touch are the five senses
Growth	<ul style="list-style-type: none">• All living things grow• Children grow fast• Our body grows in weight, height and strength• Our legs grow faster than the rest of our body• Good food, regular exercise, games and proper rest help our body to grow strong



OBJECTIVES



- Students are able to identify different body parts of a human body and state their functions.





PRE-ASSESSMENT



- Which are the different parts of our body?
- Can you count the number of body parts you have?
- How does each body part help you?



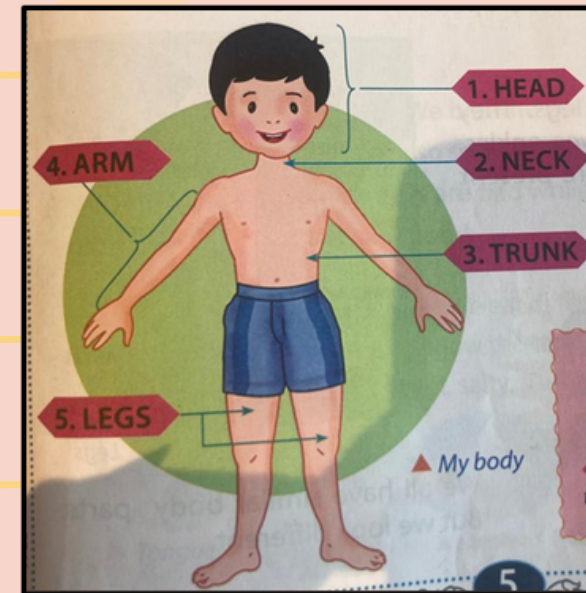
PRE-REQUISITES

- Printout of worksheets
- Pencils
- Papers
- Scissors
- Glue
- Colours
- Chalk



ACTIVITY 1:

- Teacher demonstrates on themselves or call upon a volunteer (student)
- Point out the five main parts of the human body on the volunteer
- The class observes



- As the teacher demonstrates the body parts using a volunteer, students in class replicate and identify the parts using their own body. This can also be done with peers.



ACTIVITY 2:

- Take a piece of paper. Put your hand on it and draw its shape
- Students are given freedom to draw whichever body part they like, and label the same. Eg: foot, hand, finger, etc.



ACTIVITY 3:

- Students are taken to an open ground
- Each child is given a chalk
- They need to be divided in pairs
- One child lays down on the ground, while another makes the outline of their body. They can take turns to do this
- The students then identify and label the parts of body
- Reference picture shared below

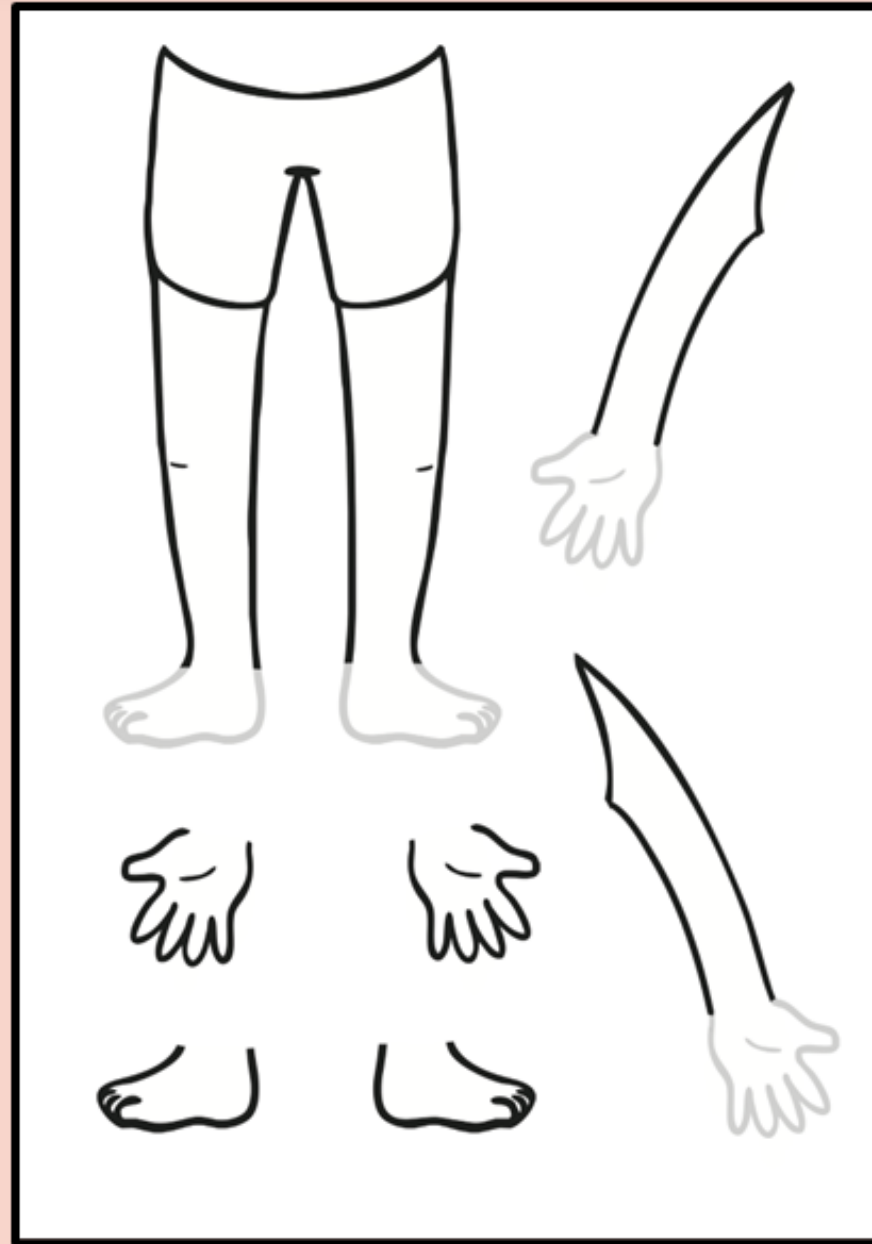


ACTIVITY 4:

- Cut and paste the body parts to make a human body
- Cut and paste the labels appropriately to complete the activity
- Teacher acts as a facilitator to help and guide students. Encourage them to attempt this activity individually. Help in cutting and pasting.
- Students may color their cutouts.



LEVEL-2



I have 2 legs.

I have 1 nose.

I have 2 eyes.

I have 2 ears.

I have 2 hands.

I have 8 fingers.

I have 2 arms.

I have 2 thumbs.

Body Part Counting

I have 1 mouth.

I have 10 toes.

I have 2 knees.

I have 2 ankles.

I have 1 neck.

I have 2 wrists.

I have 2 shoulders.

I have 1 chin.

I have 2 feet.



ACTIVITY 5:

- Take the students outdoors, to a garden or park
- Give each student a recording sheet (attached below)

Body Part	Function/Use	Example
Eyes	To see	I used my eyes to see the flowers



ACTIVITY 5:

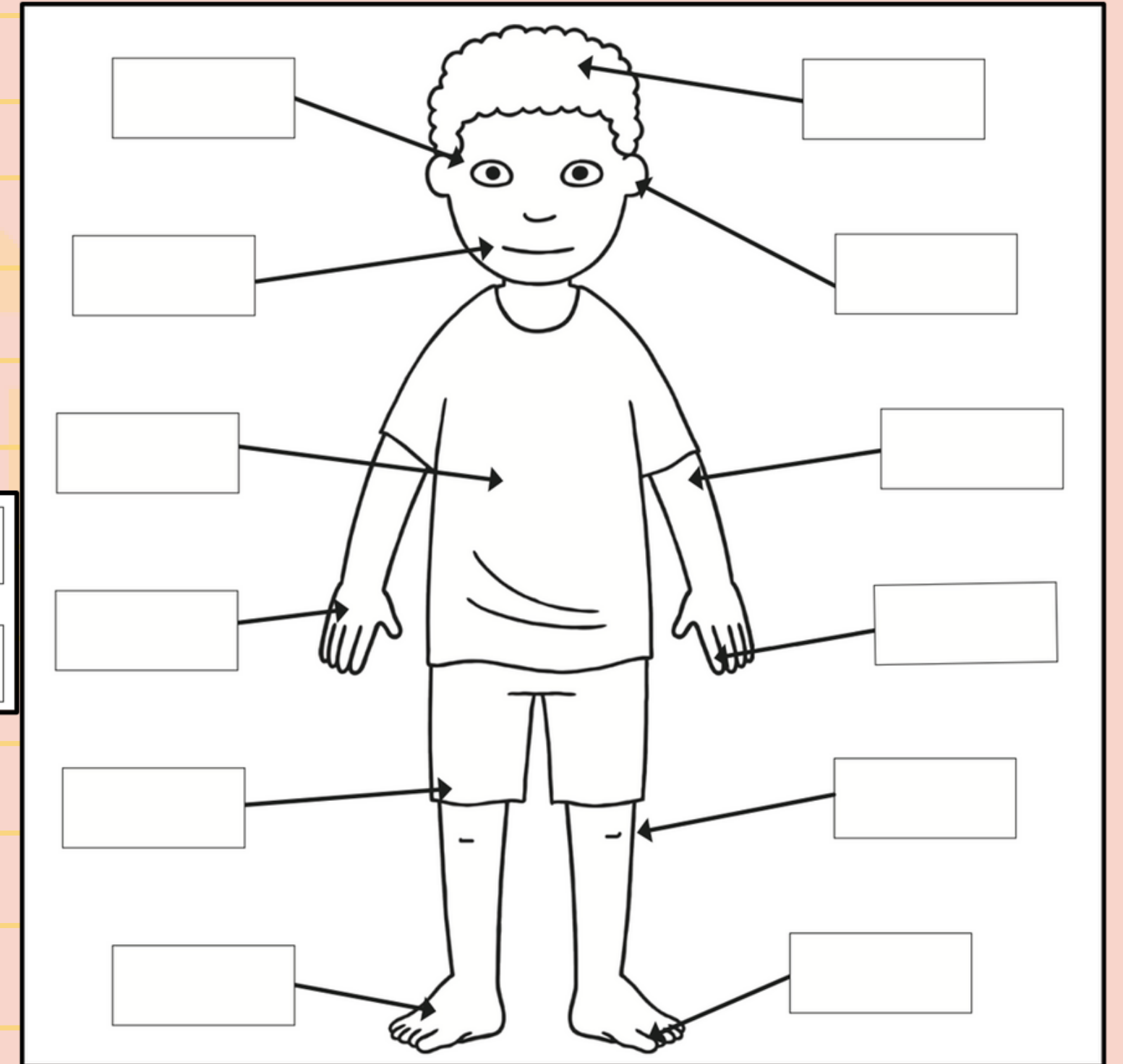
- Encourage each student to write any 5 body parts that they are using to roam around in the garden. This can also be done in pairs.
- First one has been done for teacher reference



POST ASSESSMENT

- Name the parts of the human body
- Refer to the options given below

stomach	leg	head	mouth	arm	knee
ear	hand	foot	finger	toe	eye



POST ASSESSMENT

Fill in the Blanks:

- I taste with my _____
- I eat with my _____ and play football with my _____
- My hands has _____ fingers and a _____
- Two activities that I can do with my legs are _____ and _____
- The five sense organs are _____, _____, _____, _____ and _____



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